

# Pre Procedure Instructions

## **MORNING APPOINTMENT:**

1. Make sure to have nothing to eat or drink after midnight prior to your procedure. Sips of water with morning medications are okay. Do not take your Aspirin or Plavix.
2. If you take Coumadin (Warfarin), please speak with your prescribing doctor regarding whether or not this medicine can be stopped prior to your procedure.
3. If you are a diabetic, use your best judgment when deciding on whether or not to take your insulin as you will not be eating prior to your procedure.
4. Bring all your medications or a current list with you to the appointment.
5. Bring insurance, Medicare, Medicaid cards with you.
6. Make sure you have a driver to take you home after the appointment. You may drive yourself to your procedure but we will only use local anesthetic if that is the case.
7. If you have an allergy to contrast dye, be sure to talk to your dialysis unit to get the pre-medications you need before your procedure.
8. If you have a DNR (do not resuscitate) Order, please bring a copy with you to your appointment.

## **AFTERNOON APPOINTMENT:**

If you have an afternoon appointment, please follow all of the instructions listed above. You may have a light breakfast but be sure to stop eating at least 6 hours before your appointment.

**If you have any questions, please call the Access Center:**

**Charlotte: 704-971-8088**

**Concord: 704-707-0090**